

### **SPECIAL DIETARY NEEDS**

Savannah State's dining program and a Registered Dietitian(R.D.) will work with parents, school nurses, teachers, and health care providers to help manage students' food allergies and special diets by:

- » Working with physicians, dietitians, or qualified nutrition specialists to manage dietary substitutions.
- » Knowing where emergency medications are stored and knowing how they should be administered incase a student has an allergic reaction.
- » Reviewing menus with parents or students who have food allergies to determine what, if any, menu items need to be substituted.



### **ॐ**Be**Well**

Savannah State University's Dining service is committed to bringing nutritious food to the table and making the healthy choice an easy choice for all our dining guests. We created BeWell to make it easier for you to choose well. First, our BeWell eating approach combines the latest in nutrition science and culinary trends to create a crave-worthy, nutritious menu choice. Second, our BeWell wellness approach encourages positive behavior change through our promotions, wellness education programs, and partnerships. We also incorporate an interactive menu program that highlights healthier options and provides the most current nutritional information for daily menus will complement BeWell.



### STUDENT EMPLOYMENT

There are many job opportunities available in the Dining Program. We offer a variety of positions, and we pay competitive wages. Work schedules are flexible enough to accommodate your busy schedule. For more information on student employment please stop by the dining services offices.



### **CONTACT**

#### Carla Adams Mordica

Resident District Manager <a href="mailto:carla.adamsmordica@aladdinfood.com">carla.adamsmordica@aladdinfood.com</a>

### **Dining Services Office**

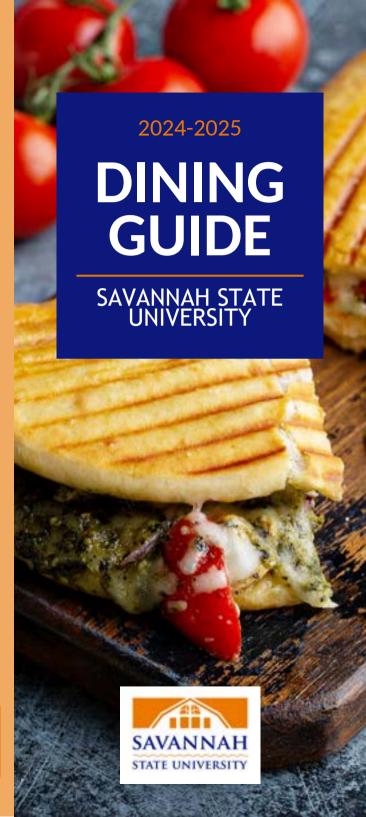
(912) 358-3131

savannahstate.campus-dining.com

## **GET THE SCOOP ON:**

FEATURES & SPECIALS | PROMOTIONS
WEEKLY MENUS | NEW OFFERINGS
SPECIAL EVENTS | AND MORE!







### **WELCOME**

Welcome to the dining program at Savannah State University managed by Aladdin food service. We offer a program that meets the needs of today's college student. Each year you will experience exciting changes, fresh menus, and new enhancements to your dining experience. The enhancements will be a result of the feedback and input of students, faculty, and staff on campus.

## ? FAQS

#### WHAT IS A MEAL PLAN?

Students may use their meal plan and flex dollars at the King Frazier Dining Hall, Corner Café, Sub Stand, Chilaca, Chick-Fil-A, and Tiger Express Diner.

#### WHY AM I REQUIRED TO HAVE A MEAL PLAN?

Not all Residence halls on campus have kitchen facilities. Your microwave works well for popcorn, but it's not sufficient to prepare well-balanced, nutritious meals. Having meals prepared for you allows you to focus on your education instead of trying to figure out what (or how) to cook.

#### **HOW DO I CHANGE MY MEAL PLAN?**

Meal plan changes such as cancelation or decrease must be made by 3:00pm on Friday of the first full week of classes. You may increase your meal plan at anytime. Please visit <a href="mailto:savannahstate.edu/dining/index">savannahstate.edu/dining/index</a> for residential or commuter meal plan changes.

#### DO MY MEAL PLAN SWIPES ROLL OVER?

SSU Meal Plan swipes do not roll over each semester. For more information please visit savannahstate.edu/dining/index.

## RESIDENTIAL MEAL PLANS

All undergraduate residents under the age of 25 are required to have a meal plan during Fall and Spring semesters for the entire academic year, regardless of earned credits. Meal plans wipes do not carry over to the next semester.

20 MEALS PER WEEK \$2,268.00 | semester

5 | 15 MEALS PER WEEK \$1,899.00 | semester

LO | 10 MEALS PER WEEK \$1,555.00 | semester



## COMMUTER MEAL PLANS

Commuter meal plans are available for students who do not live on campus but wish to take advantage of the plan savings and have the meal plan charged to their student account during the bookstore voucher period. These plans may also be purchased by residential graduate students and students 25 and older during the Spring and Fall semesters and by all resident students in the summer.

10 | 10 MEALS | \$105.50 | semester







#### SCAN TO VIEW HOURS OF OPERATION

























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### MEAL EQUIVALENCY

Meal equivalency gives students the option to use a meal swipe at King Frazier Dining Hall, Corner Café, Sub Stand, Chilaca, Chick-Fil-A, and Tiger Express Diner. If the price of meal exceeds the equivalency rate, the remaining balance owed is paid in cash or credit at time of service. Meal Equivalency may be used Monday – Saturday 7:30am to 9:00pm for breakfast, lunch or dinner. You may use one swipe per meal period.

